

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 22nd March 2023

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES Rustica olives															
BAGUETTE with Netherend Farm salted butter	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	M	Y			M		

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BAGUETTE without butter	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	M	M			M		
BAGUETTE & DIPS (Saffron rouille, olive oil & balsamic & spiced roast tomato & pepper)	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	M			M	Y	
BAGUETTE & DIPS (Choose from)	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	M			M	Y	
Ezme (Spiced roasted tomato & peppers)															
Olive oil & balsamic reduction														Y	
Saffron Rouille / Mayonnaise									Y						
GARLIC BAGUETTE	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	M	Y			M		
BREAD GLUTEN FREE									Y						
CHEESE SOUFFLE with a rich Coastal Cheddar sauce	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	M		
COURGETTE & GARLIC SOUP	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	M	Y			M		

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COURGETTE & GARLIC SOUP without creme fraiche	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	M	M			M		
CHALKSTREAM TROUT GRAVADLAX with PICKLED CUCUMBER				Y		Y			Y	Y	Y	Y		Y	
MORTEAU SAUSAGE SALAD	M Whe								Y			Y		Y	
PAN-FRIED KING SCALLOPS cauliflower purée, curried cauliflower florets	M Whe Rye Bar Oat		Y					Y	Y	Y	Y	Y	Y	Y	
HAM HOCK TERRINE with RHUBARB CHUTNEY	Y Whe Rye Bar Oat							Y			Y	Y	Y	Y	
CRAB & SWEETCORN BON-BONS with BROWN CRAB MAYONNAISE	M Whe Rye Bar Oat	Y						Y	Y		Y	Y	Y	Y	
ESCARGOTS / SNAILS	Y Whe		Y		M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	M	Y			M	Y	
BURRATA with LOVAGE PESTO										Y	Y	Y			
BEETROOT TARTARE	Y Oat					Y	M Alm Brz Cas Haz Mac Pec Pis Wal	M	M		Y	Y		Y	

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BRIASED ASPARAGUS with POACHED ARLINGTON WHITE	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y		Y		Y	
PROVENCAL LAMB ROULADE onion confit & herb stuffing, herb crust, Dauphinoise potato, minted pea salad, pea purée, lamb jus	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	M	Y	Y	Y	M	Y	
SLOW-COOKED BOEUF BOURGUIGNON	Y Bar									Y	Y			Y	
St AUSTELL'S BEEF & ALE PIE with lardons, mushrooms & puff pastry crust, served with a Tribute ale taster & smooth mash	Y Whe Bar								Y	Y	Y			Y	
CHICKEN BALLOTINE sun-dried tomato & olive tapenade stuffing, cherry tomato fondue, chargrilled vcourgette, ratatouille	M Whe Rye Bar Oat					Y					Y	M		Y	
OUTDOOR-REARED APPLEWOOD SMOKED PORK RIBEYE dauphinoise potato, green apple sauce, apple & pear chutney										Y	Y	Y		Y	
FREE RANGE BEEF BURGER (Brioche Bun)	Y Whe						Y Wal	Y	Y	Y		Y	Y	Y	
ADD : Chorizo Ketchup											Y			Y	
ADD : Bacon															
ADD : Gorgonzola										Y					
ADD : Emmental										Y					

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HALLOUMI BURGER with HOUSE COLESLAW French Fries	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y	Y		Y	
PAN-FRIED SEA BREAM with BOUILLABAISE SAUCE	Y Whe	Y	Y	Y	M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	Y	M	Y	
PAN-FRIED STONE BASS with SAFFRON & WHITE WINE SAUCE		Y	Y	Y						Y				Y	
SMOKED HADDOCK & TROUT FISHPASTE poached Arlington White, spring vegetables, warm tartare beurre blanc sauce				Y				Y	Y	Y				Y	
PLAICE MEUNIERE beurre noisette				Y						Y					
CHALKSTREAM TROUT with WATERCRESS SAUCE crushed potatoes with spinach, toasted almonds	M Whe Rye Bar Oat			Y	Y		Y Alm Brz Cas Haz Mac Pec Pis Wal				Y	Y			
FREEKEH & QUINOA SALAD with AVOCADO	Y Whe Rye Bar Oat				Y	Y	Y Alm Brz Cas Haz Mac Pec Pis Wal				Y	Y	Y		
ADD : Laverstoke Park Bufeta										Y					
ROASTED CAULIFLOWER STEAK with CURRIED CAULIFLOWER PUREE	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y	Y	Y	

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MOROCCAN VEGETABLE TAGINE harissa aubergine, roast butternut squash, peppers, olives, harissa & lemon dressing with pistachio & almond couscous	Y Whe Rye Bar Oat				Y	Y	Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y		Y	Y	
RUMP STEAK 8oz with Chips, Green Salad & a Garlic Tomato	M Whe									Y		Y		Y	
SIRLOIN STEAK 8oz with Chips, Green Salad & a Garlic Tomato	M Whe									Y		Y		Y	
FILLET STEAK 7oz with Chips, Green Salad & a Garlic Tomato	M Whe									Y		Y		Y	
CHATEAUBRIAND for TWO 14oz with Chips, Green Salad & Garlic Tomatoes	M Whe									Y		Y		Y	
ADD : Butter Cafe de Paris				Y					Y	Y		Y		Y	
ADD : Sauce Béarnaise									Y	Y		Y		Y	
ADD : Sauce Peppercorn										Y				Y	
ADD : Sauce Roquefort	Y Whe							Y		Y					
FRENCH FRIES / CHIPS	M Whe														
MINTED NEW POTATOES															
BUTTERED FRENCH BEANS										Y					
SMOOTH MASH										Y					
SPRING VEGETABLES Mangetout, Spinach, Baby Gem, Peas															

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MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
RATATOUILLE	M Whe Rye Bar Oat					Y					Y	M		Y	
TARTE AU CITRON / Lemon Tart with Normandy crème fraîche, lemon zest confit	Y Whe Bar							Y	Y	Y		Y			
TREACLE SPONGE with bitter orange marmalade, Cointreau sauce, nougatine crisp, vegan crème fraîche	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	M		Y	Y		Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
RHUBARB & GINGER CRUMBLE, vanilla ice cream					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	M	Y	Y			
CHOCOLATE FONDANT with CARAMEL SAUCE salted caramel ice cream, hazelnut tuille	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y			
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	M					

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JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		M	M					
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	M					
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	M					
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		M	M					
JUDE'S ICE CREAM Choose from : Honeycomb (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	M	M					
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		M	M					
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		M	M					

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JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		M	M					
JUDE'S SORBETS Tropical fruits					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		M	M					
JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		M	M					
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
CHEESE SELECTION	Y Whe Bar				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	M	M	Y		Y	M	Y	

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley

Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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