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DATE: 4th July 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
GARLIC BAGUETTE	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														

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BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
with Spiced Aubergine & Mushroom								Y			Y			Y	
with Citrus Dip / Spicy citrus & coriander															
with Saffron Rouille / Mayonnaise									Y						
BREAD GLUTEN FREE									Y						
CHEESE SOUFFLE with Ford Farm Coastal Cheddar sauce	Y Whe Bar							Y	Y	Y		Y			
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
PEA & BROAD BEAN SALAD	M Whe										Y	Y		Y	
FRESHWATER TROUT GRAVADLAX				Y		Y				Y	Y	Y		Y	
ESCARGOTS / SNAILS	Y Whe Bar		Y							Y				Y	
POTTED DEVON CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Bar	Y								Y				Y	
MOROCCAN MEZZE PLATTER	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y					Y	Y	

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PAN-FRIED SEA BREAM with BOUILLABAISE SAUCE	Y Whe Bar		Y	Y					Y	Y				Y	
PAN-FRIED CHICKEN with MORELS & SHERRY SAUCE (Leeks)										Y	Y	Y		Y	
DUCK LEG CONFIT with CITRUS SAUCE										Y				Y	
GRILLED TROUT FILLET with TOMATO HOLLANDAISE (Mixed Leaf Salad & Fries)	M Whe			Y					Y	Y		Y		Y	
FREE RANGE BEEF BURGER (Brioche Bun)	Y Whe						Y Wal	Y	Y	Y		Y	Y	Y	
ADD : Chorizo Ketchup											Y			Y	
ADD : Bacon															
ADD : Gorgonzola										Y					
ADD : Emmental										Y					
JIMMY BUTLER'S FREE RANGE GAMMON STEAK	M Whe								Y			Y			
RAINBOW BEETROOT SALAD with Goat's Curd & Croutons	Y Whe Bar									Y	Y	Y		Y	
RAINBOW BEETROOT SALAD with Vegan Creme Fraiche	Y Whe Bar Oat										Y	Y		Y	
STICKY BEEF with COCONUT RICE	Y Whe							Y		Y	Y	Y	Y	Y	
St AUSTELL'S BEEF & ALE PIE with green beans (In-house)	Y Whe Bar							Y	Y	Y				Y	

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St AUSTELL'S BEEF & ALE PIE with smooth mash (In-house)	Y Whe Bar							Y	Y	Y				Y	
MALABAR FISH CURRY with TOASTED COCONUT (Haddock)	M Whe Rye Bar Oat	Y		Y	Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y	Y	Y	
MOROCCAN MEZZE PLATTER (Main)	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y					Y	Y	
SMOKED PORK BELLY with RHUBARB	M Whe Rye Bar Oat							Y		Y	Y	Y	Y	Y	
ROAST BUTTERNUT SQUASH with FETA	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y		Y	Y	Y	Y	Y	
ROAST BUTTERNUT SQUASH without Feta	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y	Y	Y	
RUMP STEAK 8oz with Chips, Green Salad & a Garlic Tomato	M Whe									Y		Y		Y	
SIRLOIN STEAK 8oz with Chips, Green Salad & a Garlic Tomato	M Whe									Y		Y		Y	
FILLET STEAK 7oz with Chips, Green Salad & a Garlic Tomato	M Whe									Y		Y		Y	
CHATEAUBRIAND for TWO 14oz with Chips, Green Salad & Garlic Tomatoes	M Whe									Y		Y		Y	

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ADD : Butter Cafe de Paris				Y					Y	Y		Y		Y	
ADD : Sauce Béarnaise									Y	Y		Y		Y	
ADD : Sauce Roquefort	Y Whe							Y		Y					
ADD : Sauce Peppercorn										Y				Y	
FRENCH FRIES / CHIPS	M Whe														
BUTTERED FRENCH BEANS										Y					
SWEET POTATO FRIES	M Whe														
SMOOTH MASH										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
BUTTERED KALE										Y					
SUMMER BERRY SAVARIN	Y Whe							Y	Y	Y				Y	
MANGO & PINEAPPLE CRUMBLE	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y				Y	

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PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
CHOCOLATE FONDANT								Y	Y	Y		Y		Y	
STICKY TOFFEE PUDDING, cocoa & citrus crisp, creme fraiche	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					

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JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Blood Orange					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
CHEESE SELECTION	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y		Y	Y	Y	

\* Allergens marked with 'M' may contain that allergen.

■ Yes    ■ May Contain

	Allergen
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Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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