

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 21st March 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
FULL BREAKFAST : ENGLISH	Y <small>Whe Rye</small>							Y	Y	Y	Y			Y	
FULL BREAKFAST : VEGETARIAN	Y <small>Whe Rye</small>								Y						

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
EGGS : BENEDICT (HAM)	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
EGGS : FLORENTINE (SPINACH)	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
EGGS : ROYALE (SMOKED SALMON)	Y Whe			Y	Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
OMELETTE									Y	Y					
SCRAMBLED FREE-RANGE EGGS ON TOASTED SOURDOUGH	Y Whe Rye								Y	Y					
SMOKED SALMON & SCRAMBLED FREE-RANGE EGGS ON TOASTED SOURDOUGH	Y Whe Rye			Y					Y	Y					
Avocado on toast with poached free-range eggs;Pickering watercress, olive oil, chive & chilli dressing	Y Whe Rye								Y		Y	Y		Y	
CINNAMON FRENCH TOAST	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
FRUIT PLATTER										Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
HOUSE GRANOLA	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y			Y		
ADD BANANAS															
ADD BERRIES										Y					
ADD HONEY															
ADD NUTELLA							Y Haz	Y		Y					
BOULANGERIE : CROISSANT WITH BUTTER AND A SELECTION OF JAM	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
BOULANGERIE : PAIN AU CHOCOLATE	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
BOULANGERIE : PAIN AUX RAISINS	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
EXTRAS : AVOCADO															
EXTRAS : SMOKED BACK BACON															
EXTRAS : CUMBERLAND SAUSAGES	Y Whe							Y		Y				Y	
EXTRAS : FREE RANGE EGG									Y					Y	
EXTRAS : BAKED BEANS															
EXTRAS : BLACK PUDDING	Y Unknown									Y	Y				

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
EXTRAS : NATURAL YOGURT POT										Y					

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 21st March 2022