

# OUR *Gluten free & Dairy free* DISHES

Please use this in conjunction with the à la carte menu to help you to choose dishes that best suit your dietary requirements.

## NIBBLES

**Rustica olives** | gf | df

**Baguette** | gf with gluten-free bread | df without butter

**Baguette with dips** | gf, df with gluten-free bread

## STARTERS

**Wild mushroom tart** | df

**Potted Cornish crab with avocado guacamole** | gf with gluten-free bread

**Chicken liver parfait** | gf with gluten-free bread

**Moroccan mezze platter** | df

**Grilled lightly smoked salmon with curried cauliflower** | may contain gluten

**Escargots** | gf with gluten-free bread

## MAINS

**Wild mushroom & roast beetroot salad** | df

**Duck leg cassoulet** | may contain gluten

**Truffled lentil & tomato pasta 'millefeuille'** | df

**Smoked pork belly with braised red cabbage & roast apple** | gf

**Pan-fried stone bass with prawn potatoes** | gf

**Aubrey Allen Steaks with chips, green salad & tomato** | may contain gluten

*Sauces: Café de Paris, Béarnaise & peppercorn* | gf

**Jimmy Butler's free range gammon steak** | may contain gluten

**Grilled salmon fillet with tomato hollandaise** | gf without chips

**Moroccan mezze platter** | df

**Malabar fish curry with toasted coconut** | may contain gluten

## SIDES

**Chips** | df | may contain gluten

**French beans** | gf

**Skinny sweet potato fries** | df | may contain gluten

**Buttered kale** | gf

**Mixed leaf salad** | gf | df

## DESSERTS

**Chocolate & orange mousse cup** | may contain gluten

**Baked apple & Calvados crumble** | may contain gluten

**Jude's ice cream & sorbets** | gf, df without Gavotte biscuit



gf | gluten-free df | dairy-free

Where dish is shown as MAY CONTAIN GLUTEN, whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

Some of our dishes may contain olive stones, date stone or fish bones.

**ALLERGENS:** Please scan the QR code for allergen information or speak to your server. Whilst we have protocols in place to address the risk of cross contamination of allergens, we cannot guarantee their total absence in our food & drink.