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M = May Contain

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DATE: 3rd January 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
GARLIC BAGUETTE	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BREAD GLUTEN FREE									Y						
BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
with Spiced Aubergine & Mushroom								Y			Y			Y	
with Citrus Dip / Spicy citrus & coriander															
with Saffron Rouille / Mayonnaise									Y						
CHEESE SOUFFLE with Wyke Farm cheddar sauce	Y Whe Bar							Y	Y	Y		Y			
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
WILD MUSHROOM TART	Y Whe							Y						Y	
MOROCCAN MEZZE PLATTER	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y				Y	Y	Y	
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
ESCARGOTS / SNAILS garlic herb butter & baguette	Y Whe Bar		Y							Y					

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BEETROOT & CHERRYWOOD SMOKED CHEESE PARCEL with orange zest & truffled artichoke pesto	Y Whe							Y	Y	Y	Y			Y	
ROAST BEEF grass-fed British beef with horseradish sauce	Y Whe							Y	Y	Y	Y	Y		Y	
ROAST OUTDOOR REARED BRITISH PORK with apple sauce	Y Whe							Y	Y	Y	Y			Y	
HALF A ROAST GRAIN-FED GARDEN CHICKEN	Y Whe							Y	Y	Y	Y			Y	
WILD MUSHROOM & ROAST BEETROOT SALAD	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y						Y	
DUCK LEG CASSOULET slow-cooked Barbury duck leg, haricot beans, smoked lardons & chorizo	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y				
TRUFFLED LENTIL & TOMATO PASTA 'MILLEFEUILLE'	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y			Y	
PAN-FRIED STONE BASS with PRAWN POTATOES, buttered kale, white wine & prawn sauce		Y		Y						Y	Y	Y		Y	
FREE RANGE CORNISH BEEF BURGER (Sourdough Bun)	Y Whe Bar								Y			Y		Y	
FREE RANGE CORNISH BEEF BURGER (Millers Brioche Bun)	Y Whe						Y Wal	Y	Y	Y		Y	Y	Y	
ADD : Chorizo Ketchup											Y			Y	

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ADD : Gorgonzola										Y					
ADD : Comte Cheese										Y					
ADD : Bacon															
MOROCCAN MEZZE PLATTER (Main)	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y				Y	Y	Y	
STEAK FRITES (RUMP 8oz) with Chips, Green Salad, Garlic Tomato & Cafe de Paris butter	M Whe			Y					Y	Y		Y		Y	
MALABAR FISH CURRY with TOASTED COCONUT (Haddock)	M Whe Rye Bar Oat	Y		Y	Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y	Y	Y	
FRENCH FRIES / CHIPS	M Whe														
FRENCH BEANS										Y					
SKINNY SWEET POTATO FRIES	M Whe														
BUTTERED KALE										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	

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POACHED PEAR 'PAIN PERDU' vanilla ice cream	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
CHOCOLATE & ORANGE MOUSSE CUP	M Whe Rye Bar Oat						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
BAKED APPLE & CALVADOS CRUMBLE, Vanilla ice cream	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	Y	Y	Y	
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					

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JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Green Apple					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					

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JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
SELECTION OF FRENCH CHEESES	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y		Y		Y	

* Allergens marked with 'M' may contain that allergen.

■ Yes ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia

Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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