

OUR *Gluten free & Dairy free* DISHES

Please use this in conjunction with the à la carte menu to help you to choose dishes that best suit your dietary requirements.

NIBBLES

Rustica olives | gf | df

Baguette | gf with *gluten-free bread* | df without *butter*

Baguette with dips | gf, df with *gluten-free bread*

STARTERS

Wild mushroom tart | df

Tartiflette | gf with *gluten-free bread*

Potted Cornish crab with avocado guacamole | gf with *gluten-free bread*

Chicken liver parfait | gf with *gluten-free bread*

Moroccan mezze platter | df

Morteau sausage & potato salad | df | *may contain gluten*

Grilled lightly smoked salmon with curried cauliflower | *may contain gluten*

MAINS

Wild mushroom & roast beetroot salad | df

Duck leg cassoulet | *may contain gluten*

Truffled lentil & tomato pasta 'millefeuille' | df

Moroccan lamb tagine | df

Pan-fried stone bass with prawn potatoes | gf

Free range Cornish beef burger | df without *cheese*

Moroccan mezze platter | df

Steaks | gf without *chips* or *Roquefort sauce*

Steak Frites | *may contain gluten*

Jimmy Butler's free range gammon steak | *may contain gluten*

Grilled salmon fillet with tomato hollandaise | gf without *chips*

Moroccan mezze platter | df

Malabar fish curry with toasted coconut | *may contain gluten*

SIDES

Chips | df | *may contain gluten*

French beans | gf

Skinny sweet potato fries | df | *may contain gluten*

Buttered kale | gf

Mixed leaf salad | gf | df

Winter coleslaw | *may contain gluten*

Truffle mash | gf

DESSERTS

Chocolate & orange mousse cup | *may contain gluten*

Baked apple & Calvados crumble | *may contain gluten*

Jude's ice cream & sorbets | gf, df without *Gavotte biscuit*



gf | gluten-free df | dairy-free

Where dish is shown as MAY CONTAIN GLUTEN, whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

Some of our dishes may contain olive stones, date stone or fish bones.

ALLERGENS: Please scan the QR code for allergen information or speak to your server. Whilst we have protocols in place to address the risk of cross contamination of allergens, we cannot guarantee their total absence in our food & drink.