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Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 16th November 2021

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
GARLIC BAGUETTE	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														

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BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
with Spiced Aubergine & Mushroom								Y			Y			Y	
with Citrus Dip / Spicy citrus & coriander															
with Saffron Rouille / Mayonnaise									Y						
CHEESE SOUFFLE with Wyke Farm cheddar sauce	Y Whe Bar							Y	Y	Y		Y			
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
WILD MUSHROOM TART	Y Whe							Y						Y	
MOROCCAN MEZZE PLATTER	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y				Y	Y	Y	
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
ESCARGOTS / SNAILS garlic herb butter & baguette	Y Whe Bar		Y							Y					
ROAST CORNISH BEEF & YORKSHIRE PUDDING	Y Whe							Y	Y	Y	Y			Y	

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HALF A ROAST CHICKEN	Y Whe							Y	Y	Y	Y			Y	
ROAST SIRLOIN OF PORK apple fritter, green apple sauce	Y Whe							Y	Y	Y	Y			Y	
BETROOT & CHERRYWOOD SMOKED CHEESE PARCEL	Y Whe							Y	Y	Y	Y			Y	
MOULES / MUSSELS MARINIERE, BAGUETTE & CHIPS	Y Whe Bar		Y							Y				Y	
WILD MUSHROOM & ROAST BETROOT SALAD	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y						Y	
DUCK LEG CASSOULET slow-cooked Barbury duck leg, haricot beans, smoked lardons & chorizo	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y				
TRUFFLED LENTIL & TOMATO PASTA 'MILLEFEUILLE'	Y Whe Rye Bar Oat				Y	Y	Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y			Y	
PAN-FRIED STONE BASS with PRAWN POTATOES, buttered kale, white wine & prawn sauce		Y		Y						Y	Y	Y		Y	
LE GRAND STEAK FRITES Cornish rump steak (9oz), French fries, 'Café de Paris' herb & mustard butter	M Whe			Y					Y	Y		Y		Y	
FREE RANGE CORNISH BEEF BURGER	Y Whe Bar								Y			Y		Y	
ADD : Chorizo Ketchup											Y			Y	

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ADD : Gorgonzola										Y					
ADD : Comte Cheese										Y					
ADD : Bacon															
MALABAR FISH CURRY with TOASTED COCONUT (Haddock)	M Whe Rye Bar Oat	Y		Y	Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y		Y	Y	Y	Y	Y	
FRENCH FRIES / CHIPS	M Whe														
FRENCH BEANS										Y					
SKINNY SWEET POTATO FRIES	M Whe														
BUTTERED KALE										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
WINTER COLESLAW	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y		Y			Y	
TRUFFLE MASH										Y					

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POACHED PEAR 'PAIN PERDU' vanilla ice cream	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
CHOCOLATE & ORANGE MOUSSE CUP	M Whe Rye Bar Oat						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
BAKED APPLE & CALVADOS CRUMBLE, Vanilla ice cream	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	Y	Y	Y	
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					

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JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Green Apple					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					

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JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
SELECTION OF FRENCH CHEESES	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y		Y		Y	

\* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia

Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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