

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
GARLIC BAGUETTE	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														
BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
with Citrus Dip / Spicy citrus & coriander															
with Saffron Rouille / Mayonnaise									Y						
with Spiced Aubergine & Mushroom								Y			Y			Y	

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MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
BAKED SAINT-MARCELLIN CHEESE	Y Whe Rye									Y	Y				
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
CHEESE SOUFFLE with Wyke Farm cheddar sauce	Y Whe Bar								Y	Y		Y			
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
CLASSIC PRAWN COCKTAIL, PRAWN TOAST	Y Whe Bar	Y							Y	Y	Y	Y		Y	
MINTED PEA & BROAD BEAN SALAD	Y Whe					Y					Y	Y		Y	
ROAST CORNISH BEEF & YORKSHIRE PUDDING	Y Whe							Y	Y	Y	Y			Y	
ROAST SIRLOIN OF OUTDOOR-REARED PORK apple fritter, green apple sauce	Y Whe							Y	Y	Y	Y			Y	
HALF A ROAST CHICKEN	Y Whe							Y	Y	Y	Y			Y	
BEEETROOT & CHERRYWOOD SMOKED CHEESE PARCEL	Y Whe							Y	Y	Y	Y			Y	

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GRILLED SALMON FILLET with TOMATO HOLLANDAISE (Leaf Salad)				Y					Y	Y	Y	Y		Y	
GRILLED SALMON FILLET with TOMATO HOLLANDAISE (Fries)	Y Whe			Y					Y	Y	Y	Y		Y	
MALABAR FISH CURRY with TOASTED COCONUT (Cod)	Y Whe	Y		Y								Y		Y	
CHICKEN PAILLARD, BASIL PESTO & PANKO BREADCRUMBS, HASSELBACK POTATO	Y Whe				Y	Y	Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	Y	Y	Y	
MINTED PEA & BROAD BEANS SALAD with Deep Fried Goat's Cheese	Y Whe Bar					Y			Y	Y	Y	Y		Y	
MINTED PEA & BROAD BEANS SALAD without Goat's Cheese	Y Whe					Y					Y	Y		Y	
LE GRAND STEAK FRITES Cornish rump steak (9oz), French fries, 'Café de Paris' herb & mustard butter	Y Whe			Y						Y					
SMOKED PORK BELLY with APPLE & CRACKLING, BRAISED CABBAGE, DAUPHINOISE POTATO										Y				Y	
FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y			Y		Y	
ADD : Comte Cheese										Y					
ADD : Gorgonzola										Y					
ADD : Bacon															
ADD : Chorizo Ketchup											Y			Y	

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CONFIT BARBARY DUCK LEG with CITRUS SAUCE										Y				Y	
HALLOUMI BURGER with HOUSE COLESLAW	Y Whe								Y	Y	Y	Y		Y	
MOROCCAN MEZZE PLATTER (Main)	Y Whe Bar						Y Cas	Y				Y	Y	Y	
FRENCH FRIES / CHIPS	Y Whe														
SKINNY SWEET POTATO FRIES	Y Whe														
SMOOTH MASH										Y					
BUTTERED GREEN BEANS										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
HOUSE COLESLAW									Y		Y			Y	
PRAWN POTATOES with SPRING ONION, SPINACH & CHIVES		Y													
CHERRY AMANDINE	Y Whe						Y Alm Pis		Y	Y		Y		Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	

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STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe				Y		Y Alm		Y	Y					
GOLDEN CHOCOLATE FEUILLANTINE	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
RHUBARB & GINGER CRUMBLE (NO ALMONDS IN CRUMBLE), vanilla ice cream					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
RHUBARB & GINGER CRUMBLE, Vanilla Anglaise (Nut Free)									Y	Y		Y		Y	
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							

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JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Green Apple					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
CHEESE SELECTION	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y		Y		Y	

■ Yes    ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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