

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
GARLIC BAGUETTE	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														
BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
with Citrus Dip / Spicy citrus & coriander															
with Saffron Rouille / Mayonnaise									Y						
with Spiced Aubergine & Mushroom								Y			Y			Y	

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MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
HOT SMOKED SALMON with TRIO OF BEETROOT				Y		Y			Y	Y	Y	Y		Y	
GRILLED SQUID SALAD WITH CHILLI & GINGER			Y			Y					Y			Y	
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
CHEESE SOUFFLE with Wyke Farm cheddar sauce	Y Whe Bar								Y	Y		Y			
MORTEAU SAUSAGE & POTATO SALAD	Y Whe								Y			Y		Y	
BAKED SAINT-MARCELLIN CHEESE	Y Whe Rye									Y	Y				
MINTED PEA & BROAD BEAN SALAD	Y Whe										Y	Y		Y	
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
JACKFRUIT FRITTERS with GREEN PAPAYA SALAD							Y Cas	Y					Y	Y	
GRILLED SQUID SALAD with CHILLI & GINGER (Main)			Y			Y					Y			Y	
RUMP OF WEST COUNTRY LAMB										Y	Y	Y		Y	

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GRILLED SALMON FILLET with TOMATO HOLLANDAISE (Leaf Salad)				Y					Y	Y	Y	Y		Y	
GRILLED SALMON FILLET with TOMATO HOLLANDAISE (Fries)	Y Whe			Y					Y	Y	Y	Y		Y	
SLOW-COOKED BOEUF BOURGUIGNON	Y Bar									Y	Y			Y	
JIMMY BUTLER'S FREE RANGE GAMMON STEAK	Y Whe								Y	Y		Y			
PAN-FRIED STONE BASS with JUDION BUTTERBEANS & CHORIZO				Y						Y	Y	Y			
CONFIT BARBARY DUCK LEG with CITRUS SAUCE										Y				Y	
JACKFRUIT FRITTERS with GREEN PAPAYA SALAD (Main)							Y Cas	Y					Y	Y	
MARINATED / GLAZED CHICKEN with SWEET POTATO WEDGES	Y Whe							Y	Y					Y	
ROASTED HALIBUT with CHAMPAGNE SAUCE		Y		Y						Y				Y	
MINTED PEA & BROAD BEANS SALAD with Deep Fried Goat's Cheese	Y Whe Bar								Y	Y	Y	Y		Y	
MALABAR FISH CURRY with TOASTED COCONUT (Cod)	Y Whe	Y		Y								Y			
HALLOUMI BURGER with HOUSE COLESLAW	Y Whe								Y	Y	Y	Y		Y	
St AUSTELL'S BEEF & ALE PIE	Y Whe Bar								Y	Y	Y			Y	

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FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y			Y		Y	
ADD : Comte Cheese										Y					
ADD : Melted Blue Cheese						Y				Y					
ADD : Bacon															
LE GRAND STEAK FRITES / 8oz sirloin steak, chips, 'Café de Paris' herb & mustard butter	Y Whe			Y						Y					
RUMP STEAK 9oz										Y					
FILLET STEAK 8oz										Y					
CHATEAUBRIAND for TWO 16oz										Y					
ADD A SAUCE: Béarnaise									Y	Y	Y	Y		Y	
ADD A SAUCE: Roquefort	Y Whe									Y					
ADD A SAUCE: Pepper Sauce										Y				Y	
ADD A SAUCE : Butter Cafe de Paris				Y						Y					
FRENCH FRIES / CHIPS	Y Whe														
SKINNY SWEET POTATO FRIES	Y Whe														
MINTED NEW POTATOES										Y					

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BUTTERED GREEN BEANS										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
HOUSE COLESLAW									Y		Y			Y	
PRAWN POTATOES with SPRING ONION, SPINACH & CHIVES		Y													

Yes
 May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts

Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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