

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Flatbread with creamy hummous	Y Whe												Y		
Child Crunchy carrot & cucumber sticks with creamy hummous													Y		
Jackfruit Fritters with vegan mayonnaise to dip												Y	Y		
Penne pasta with homemade pesto & cheese										Y					
Penne pasta with homemade tomato sauce & cheese						Y				Y	Y			Y	
The Ulti-mutt Burger – beefburger in a sourdough bun with lettuce and tomato	Y Whe														
ADD : Comte Cheese										Y					
ADD : Bacon															

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ADD : Crunchy Pickles												Y			
ADD : Homemade Tomato Chutney											Y			Y	
Chicken Goujons- oven-baked with crispy panko breadcrumb coating	Y Whe								Y	Y		Y			
Cottage Pie, creamy mash potato topping										Y				Y	
Grilled Cod- simply cooked & tasty				Y											
Falafel Wrap- soft wrap filled with falafel, houmous & baby spinach	Y Whe												Y	Y	
Choice of sides : Steamed Seasonal Vegetables															
Choice of sides : Chips	Y Whe														
Choice of sides : Sweet Potato Fries	Y Whe														
Choice of sides : New Potatoes										Y					
Choice of sides : Crunchy Carrot, Cucumber sticks & Tomatoes															
Sunday Roast *****Please refer the current Sunday Menu for allergens*****															
Vanilla madeleines with chocolate dipping sauce	Y Whe						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
Fresh fruit pot & marshmallows with chocolate dipping sauce						Y		Y		Y	Y			Y	

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JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Green Apple					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								

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JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
LITTLE JUDES MILK LOLLIES					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
with Chocolate Sauce (for Ice Creams & Sorbets)								Y		Y				Y	
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					

■ Yes    
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye

Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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