

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
GARLIC BAGUETTE	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														
BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
LOCH FYNE SALMON GRAVADLAX	Y Whe Bar			Y					Y	Y		Y		Y	

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CHEESE SOUFFLE with Wyke Farm cheddar sauce	Y Whe Bar								Y	Y		Y			
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
BAKED SAINT-MARCELLIN CHEESE	Y Whe Rye									Y	Y				
POTTED CORNISH CRAB WITH AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
JACKFRUIT FRITTERS & GREEN PAPAYA SALAD							Y Cas						Y		
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
LE GRAND STEAK FRITES / 8oz sirloin steak, chips, 'Café de Paris' herb & mustard butter	Y Whe			Y						Y					
FILLET STEAK 8oz										Y					
CHATEAUBRIAND for TWO 16oz										Y					
ADD A SAUCE : Butter Cafe de Paris				Y						Y					
ADD A SAUCE: Béarnaise									Y	Y	Y	Y		Y	
ADD A SAUCE: Roquefort	Y Whe									Y					
ADD A SAUCE: Pepper Sauce										Y				Y	

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PAN-FRIED STONE BASS WITH GINGER & LEMON GRASS, toasted sesame	Y Whe			Y		Y		Y			Y		Y	Y	
WHOLE DRESSED BRIXHAM CRAB WITH FRIES, crab mayonnaise	Y Whe	Y							Y						
WHOLE DRESSED BRIXHAM CRAB WITH MIXED LEAF SALAD, crab mayonnaise		Y							Y			Y		Y	
GREEN THAI VEGETABLE CURRY						Y					Y				
GRILLED SALMON FILLET WITH TOMATO HOLLANDAISE	Y Whe			Y					Y	Y	Y	Y		Y	
MARINATED / GLAZED CHICKEN WITH SWEET POTATO WEDGES	Y Whe							Y	Y					Y	
JIMMY BUTLER'S FREE RANGE GAMMON STEAK	Y Whe								Y	Y		Y			
SLOW-COOKED BOEUF BOURGUIGNON	Y Bar									Y	Y			Y	
JACKFRUIT FRITTERS & GREEN PAPAYA SALAD (Main)							Y Cas						Y		
MALABAR FISH CURRY with TOASTED COCONUT (Cod)	Y Whe	Y		Y								Y			
FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y		Y	Y		Y	
ADD : Comte Cheese										Y					
ADD : Melted Blue Cheese										Y					
ADD : Bacon															

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CONFIT DUCK LEG WITH CITRUS SAUCE										Y				Y	
St Austell's Tribute Beef & Ale Pie	Y Whe Bar								Y	Y	Y			Y	
HARISSA & MISO GLAZED AUBERGINE	Y Whe							Y					Y	Y	
FRENCH FRIES / CHIPS	Y Whe														
SWEET POTATO FRIES	Y Whe														
DAUPHINOISE POTATO										Y					
BUTTERED GREEN BEANS										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
GREEN PAPAYA SALAD, Thai style dressing												Y			
SMOOTH MASH										Y					
ZESTY LEMON PARFAIT	Y Whe								Y	Y		Y		Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y	Y	Y	Y		Y		Y	

Alm Brz
Cas Haz
Mac Pec
Pis Wal

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MANGO & PINEAPPLE CRUMBLE						Y	Y Alm				Y			Y	
CHOCOLATE FONDANT WITH SPICED ORANGE AND PASSIONFRUIT SAUCE								Y	Y	Y		Y		Y	
JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								

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JUDE'S SORBETS Green Apple					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
SAINT-MARCELLIN CHEESE	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y			Y	

Yes
 May Contain

	Allergen
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Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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