

**ALLERGENS:** Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BEEF BURNT ENDS															
Posh pork scratchings											Y	Y		Y	
Basket of Flat Bread	Y Whe														
Flatbread & dips	Y Whe Bar								Y	Y		Y	Y	Y	
BAGUETTE unsalted butter / Basket of stone-baked artisan baguette	Y Whe Bar									Y					
OLIVES / Rustica olives								Y							
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
CHEESE SOUFFLE	Y Whe Bar								Y	Y					
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
INDIAN SPICED SAMOSAS	Y Whe						Y Cas								
ASIAN STYLE CHICKEN WINGS	Y Whe			Y				Y					Y		
WILD MUSHROOM FRICASSEE	Y Whe Bar									Y				Y	
BAKED SAINT-MARCELLIN CHEESE	Y Whe Bar						Y Wal			Y	Y			Y	
MALABAR FISH CURRY with TOASTED COCONUT.		Y		Y								Y			
DUCK LEG CONFIT with BLACKBERRIES										Y	Y			Y	
PAELLA VALENCIANA WITH RED MULLET & KING PRAWNS		Y	Y	Y		Y					Y				
SLOW-COOKED BOEUF BOURGUIGNON	Y Bar									Y	Y			Y	
Whole rack of Cajun home-smoked ribs	Y Whe										Y			Y	

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
MARINATED / GLAZED CHICKEN with SWEET POTATO WEDGES	Y Whe							Y	Y					Y	
SALMON & SMOKED HADDOCK FISHCAKE with wilted spinach, kale & nutmeg in a cheddar cream sauce, toasted almonds	Y Whe Bar			Y			Y Alm		Y	Y		Y		Y	
GRILLED CAULIFLOWER STEAK with TRUFFLE CREAM , TOASTED NUTS	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y			Y	
LAMB TAGINE	Y Whe						Y Alm Pis	Y		Y	Y			Y	
WILD MUSHROOM FRICASEE WITH POTATO, HERB & CHEESE GNOCCHI	Y Whe								Y	Y				Y	
St Austell's Tribute Beef & Ale Pie	Y Whe								Y	Y	Y			Y	
JIMMY BUTLER'S FREE RANGE GAMMON STEAK	Y Whe								Y	Y		Y			
FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y		Y	Y		Y	
ADD : Comte Cheese										Y					
ADD : Melted Blue Cheese										Y					
ADD : Bacon															
MOROCCAN MEZZE PLATTER (main course)	Y Whe Bar						Y Cas	Y				Y	Y	Y	
SIRLOIN STEAK 8oz										Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
FILLET STEAK 8oz										Y					
CHATEAUBRIAND for TWO 16oz										Y					
ADD A SAUCE : Butter Cafe de Paris				Y						Y					
ADD A SAUCE: Béarnaise									Y	Y	Y			Y	
ADD A SAUCE: Pepper Sauce										Y				Y	
ADD A SAUCE: Roquefort	Y Whe									Y					
FRENCH FRIES / CHIPS	Y Whe														
SWEET POTATO FRIES	Y Whe														
SMOOTH MASH										Y					
WINTER COLESLAW SALAD								Y			Y	Y	Y	Y	
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
BUTTERED GREEN BEANS										Y					
WILTED SPINACH & KALE with Wyke Farm Cheddar sauce & almonds	Y Whe						Y Alm			Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
BRAMLEY APPLE & PEAR CRUMBLE							Y Alm			Y				Y	
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe				Y		Y Alm		Y	Y				Y	
BLACKCURRANT PAVLOVA					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y				Y	
CHOCOLATE & CITRUS CUP, CHOCOLATE MOUSSE & CRUMBLE	Y Whe Rye Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Green Apple					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
SAINT-MARCELLIN CHEESE	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y			Y	

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

**ALLERGENS:** Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.