

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BAGUETTE unsalted butter / Basket of stone-baked artisan baguette	Y Whe Bar									Y					
FRENCH FRIES / CHIPS	Y Whe														
SWEET POTATO FRIES	Y Whe														
BAGUETTE & DIPS / Artisan baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
RUSTICA OLIVES								Y							
PADRON PEPPERS & SEA SALT	Y Whe														

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HOMEMADE PORK SCRATCHINGS WITH APPLE PUREE														Y		
Cocktail / Salted Mixed Nuts					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal									
Smokehouse Nut Mix	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y						
Spicy Bar Snack Mix																
Wasabi Peanuts	Y Whe				Y							Y				
SEASONAL SOUP with artisan baguette ***Please refer to current prix fixe allergens list***	Y Whe Bar															
HOUSE RECIPE FREE RANGE SCOTCH EGG & PICCALILLI	Y Whe Bar								Y	Y	M	Y		Y		
BAKED SAINT-MARCELLIN CHEESE	Y Whe Bar						Y Wal			Y	Y			Y		
INDIAN SPICED SAMOSAS	Y Whe						Y Cas									
SMOKED PULLED BEEF TORTILLA	Y Whe							Y	Y				Y			
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y		

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MOULES / MUSSELS MARINIERE, BAGUETTE	Y Whe Bar		Y							Y	Y			Y	
CUMBERLAND SAUSAGE & RED ONION MARMALADE on a sourdough bun, chips	Y Whe Rye							Y		Y	Y	Y		Y	
SOURDOUGH SELECTION : CORNISH BEEF 'MINUTE' STEAK / Grilled steak & red onion marmalade	Y Whe Rye									Y	Y	Y		Y	
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
CHARCUTERIE PLATTER TO SHARE	Y Whe Rye						Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y	Y		Y	
St Austell's Tribute Beef & Ale Pie	Y Whe								Y	Y	Y			Y	
STEAK FRITES 'EXPRESS' / MINUTE STEAK	Y Whe									Y		Y		Y	
JIMMY BUTLER'S FREE RANGE GAMMON STEAK	Y Whe								Y	Y		Y			
FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y		Y	Y		Y	
ADD : Comte Cheese										Y					
ADD : Melted Blue Cheese										Y					
ADD : Bacon															
SWEETCORN & POTATO FRITTER								Y			Y	Y	Y	Y	

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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