

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives								Y							
GARLIC BAGUETTE	Y Whe Bar									Y					
BAGUETTE unsalted butter / Basket of stone-baked artisan baguette	Y Whe Bar									Y					
BAGUETTE & DIPS / Artisan baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
GRILLED LIGHTLY SMOKED SALMON WITH CURRIED CAULIFLOWER				Y						Y		Y		Y	

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CHEESE SOUFFLE	Y Whe Bar								Y	Y					
BAKED SAINT-MARCELLIN CHEESE	Y Whe Bar						Y Wal			Y	Y			Y	
INDIAN SPICED SAMOSAS	Y Whe						Y Cas								
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
SMOKED PULLED BEEF TORTILLA	Y Whe							Y	Y				Y		
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
WILD MUSHROOM FRICASSEE	Y Whe Bar									Y				Y	
MOULES / MUSSELS MARINIERE, BAGUETTE	Y Whe Bar		Y							Y	Y			Y	
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
CHARCUTERIE PLATTER TO SHARE	Y Whe Rye						Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y	Y		Y	
FILLET STEAK 8oz										Y					
CHATEAUBRIAND for TWO 16oz										Y					

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ADD A SAUCE : Butter Cafe de Paris				Y						Y					
ADD A SAUCE: Béarnaise									Y	Y	Y			Y	
ADD A SAUCE: Roquefort	Y Whe									Y					
ADD A SAUCE: Pepper Sauce										Y				Y	
SMOKED PORK BELLY with APPLE & CRACKLING										Y	Y			Y	
SALMON & SMOKED HADDOCK FISHCAKE with wilted spinach, kale & nutmeg in a cheddar cream sauce, toasted almonds	Y Whe Bar			Y			Y Alm		Y	Y		Y		Y	
PAELLA VALENCIANA WITH RED MULLET & KING PRAWNS		Y	Y	Y		Y					Y				
MALABAR FISH CURRY with TOASTED COCONUT	Y Whe	Y		Y								Y			
MOULES / MUSSELS MARINIERE, BAGUETTE & CHIPS	Y Whe Bar		Y							Y	Y			Y	
BRITISH PHEASANT with CRANBERRY, GIROLLES & MUSCAT PUMPKIN										Y	Y			Y	
DUCK LEG CONFIT with BLACKBERRIES										Y	Y			Y	
MARINATED / GLAZED CHICKEN with SWEET POTATO WEDGES	Y Whe							Y	Y					Y	
FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y		Y	Y		Y	
ADD : Comte Cheese										Y					

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ADD : Melted Blue Cheese										Y					
ADD : Bacon															
SLOW-COOKED BOEUF BOURGUIGNON	Y Bar									Y	Y			Y	
St Austell's Tribute Beef & Ale Pie	Y Whe								Y	Y	Y			Y	
LAMB TAGINE	Y Whe						Y Alm Pis	Y		Y	Y			Y	
JIMMY BUTLER'S FREE RANGE GAMMON STEAK	Y Whe								Y	Y		Y			
GRILLED SALMON FILLET with TOMATO HOLLANDAISE	Y Whe			Y					Y	Y	Y	Y		Y	
WILD MUSHROOM FRICASEE WITH POTATO, HERB & CHEESE GNOCCHI	Y Whe								Y	Y				Y	
SWEETCORN & POTATO FRITTER								Y			Y	Y	Y	Y	
GRILLED CAULIFLOWER STEAK with TRUFFLE CREAM , TOASTED NUTS	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y			Y	
FRENCH FRIES / CHIPS	Y Whe														
DAUPHINOISE POTATO										Y	Y			Y	
WILTED SPINACH & KALE with Wyke Farm Cheddar sauce & almonds	Y Whe						Y Alm			Y					

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BUTTERED GREEN BEANS										Y					
SWEET POTATO FRIES	Y Whe														
WINTER COLESLAW SALAD								Y			Y	Y	Y	Y	
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
BRAMLEY APPLE & PEAR CRUMBLE							Y Alm			Y				Y	
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe				Y		Y Alm		Y	Y				Y	
CHOCOLATE INDULGENCE					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
BLACKCURRANT PAVLOVA					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y				Y	

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JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Green Apple					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								

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JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
SAINT-MARCELLIN CHEESE	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y			Y	

Yes
 May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley

Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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